



Hi Readers,

Throughout 2020, Psychology for a Safe Climate has worked hard to respond to the emotional needs of those facing the climate crisis, beginning with the aftermath of the bushfire crisis, held our first fundraiser, have begun accepting new members to offer volunteer support and finalised our [Strategic Plan](#) which will guide the movements of Psychology for a Safe Climate for the next two years. As many of you may have noticed in our last email, part of this plan involves hiring an **Outreach Project Leader** to expand our connections with other psychologists, psychiatrists and psychotherapists doing similar work across Australia. See the link to the updated EOI below.

**Expressions of Interest for employment with Psychology for a Safe Climate as Outreach Project Leader - half time for one year, commencing early 2021.**

You may be interested or know someone who would be. Could you help us get the word out about this opportunity to work with us, by forwarding this email to friends and colleagues?

**We've added some questions to the EOI to help people making applications [here](#)**

**We apologise for any inconvenience to those already signed up for our Workshop on December 5th** - but it has been necessary to **postpone** our Climate Grief workshop till **Saturday February 27, 2pm to 5 pm online** (details below). Those already registered should have received an email inviting them to transfer their booking or to receive a refund. Please let us know [here](#) if you didn't receive it to let us know your wishes.

We wish you all a restful holiday period and look forward in the new year to continue supporting people emotionally in facing the climate crisis.

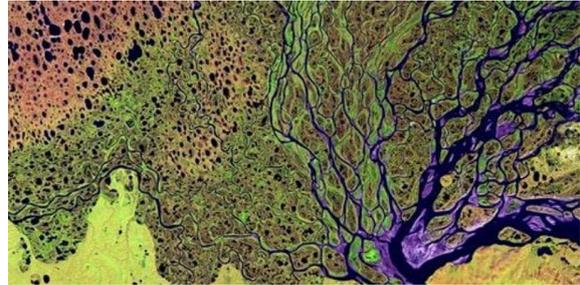
Warmly,  
Carol, Bianca and the PSC team



## Workshop update

**Psychology for a Safe Climate workshop**  
- February 27th 2pm-5pm Online

**Recognising our grief about climate change** – for those working on climate change as activists, researchers, scientists or policy makers and advocates.  
Booking details [here](#).



## Resources for change



Project Inside Out- founded by Renee Lertzman

### Project Inside Out

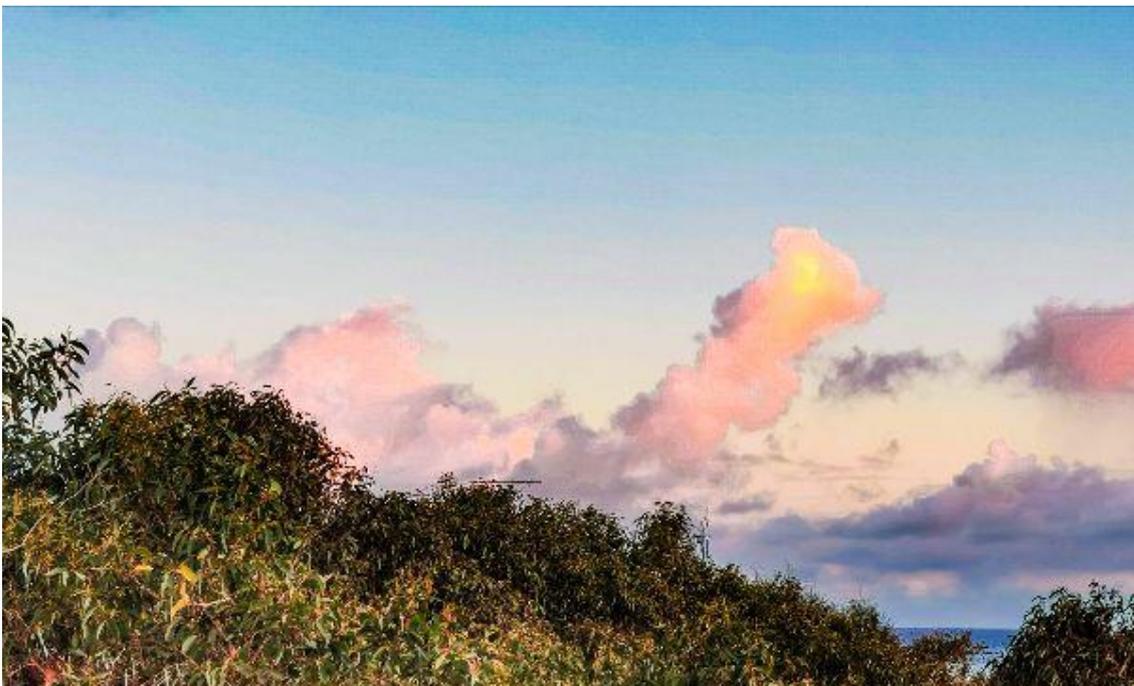
- A phenomenal (and free) resource founded by Renee Lertzman providing tools for changemakers about engaging multiple stakeholders in building a sustainable world.

The focus of the project is about creating new mindsets and engaging individuals by focusing on feelings, relationships and conversations

- The tools that Project Inside Out offers are divided into guiding principles for which to engage relationships, which are attune, reveal, equip, convene and sustain. Each principle involves inner and outer work with the aim of fostering cultures of connection, support and guidance to navigate the tough work of systemic and individual transformation
- The resource includes interactive tools to uncover the type of changemaker you are, what your orientation to change is, and heaps of templates for engaging yourselves, your audience and your community in discussions around transformation. You can engage with this [here](#).

## 10 Communication Tips to Change the Climate Story

- Eco-Engage focuses on climate change communication and supports climate leadership training and is run by Erika Van Shellebeck. In this free e-book guide, Erika provides readers with the tools to feel empowered in changing the climate story, both with oneself and with those around us
- This free e-book highlights connecting with our emotional selves and our love for the planet as a source of inspiration, but also provides wise guidance on how to communicate with those who feel differently to us in engaging them in the climate story
- At the core of this resource is the need for better story-telling about the climate crisis. A call to make this personal and collective, by starting from a place of care and then creating a vision that includes a multitude of experiences and invites others on the journey with you from a place of understanding their needs. Get your guide to starting the conversation [here](#).



A beautiful image from our Heart for Climate Action 10 days of Creative Care Challenge

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# Membership

We would welcome you becoming a member - it is a great way to support our work.

There are also other benefits if also decide to become an active member and volunteer with us. Volunteering is good for your mental health! It also helps us achieve our goals, offers a chance to be connected with like minded others, and provides a chance to learn new skills or share your expertise.

When you apply for membership we ask you to confirm your support for our Statement of Purpose which states that:

Our work is founded on facing the reality of the climate crisis. We aim to build people's capacity to respond constructively to this crisis by promoting and strengthening mental health and wellbeing.

We engage with: those working on climate change; the caring professions; the broader community.



If you wish to become an active member, there are various ways in which you can do so:

- Help with administration
- Joining a working group to develop the work of PSC
- Joining our workshop team
- Being supported to develop work in your own community
- Fundraising
- Website development, technical IT support
- Trained bookkeeping/ accounting assistance
- Media communication

Membership is \$100 annually, \$20 for students.

You can access the [membership](#) page on our website to apply to become a member with Psychology for a Safe Climate.

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PSC volunteers are based on the lands of the Wurundjeri tribe of the Kulin nation. We acknowledge their elders past, present and future.

PSC acknowledges Aboriginal and Torres Strait Islanders are Australia's First Peoples and the traditional owners and custodians of the land on which we work.

**Our mailing address is:**

[contact@psychologyforasafeclimate.org](mailto:contact@psychologyforasafeclimate.org)

[unsubscribe from this list](#)